



**Informed Consent Form for Patients on Beta-Blocker &
Environmental/Venom Immunotherapy**

I acknowledge that [_____ **I am/my child is**] presently taking a beta blocker medication. Beta-blockers are used to treat high blood pressure, arrhythmias (abnormal heartbeats), glaucoma (elevated eye pressure), migraines, tremors, panic attacks, and thyroid disease. They may increase the chance that a synthetic reaction to immunotherapy is more challenging to treat.

I have had a thorough discussion with my prescribing physician about the possibility of an alternative medication to beta blockers. In the event that no alternative is available, we have weighed the potential risks against the benefits of immunotherapy, such as improved quality of life and reduced allergy symptoms. According to the practice perimeters on Anaphylaxis (2015), the benefits of venom immunotherapy can outweigh the potential risks associated with beta-blockers in patients with anaphylaxis to stinging insects.

<p>Examples:</p> <p>Beta-Adrenergic Blockers</p> <ul style="list-style-type: none"> ● Acebutolol Hydrochloride (Sectral) ● Atenolol (Tenormin) ● Betaxolol Hydrochloride ● Bisoprolol Fumarate (Zebeta, Ziac) ● Esmolol Hydrochloride (Brevibloc) ● Metoprolol (Lopressor, Toprol XL) ● Penbutolol Sulfate (Levatol) ● Nadolol (Corgard) ● Nebivolol (Bystolic) ● Propranolol (Inderal, InnoPran) ● Timolol Maleate (Biocadren) ● Sotalol Hydrochloride (Betaspase, Sorine) <p>Alpha/Beta-Adrenergic Blockers</p> <ul style="list-style-type: none"> ● Carvedilol (Coreg) ● Labetalol (Trandate, Normodyne) 	<p>Combination Products</p> <ul style="list-style-type: none"> ● Orzide (Nadolol) ● Dutoprol (Metoprolol) ● Inderide (Propranolol) ● Lopressor (Metoprolol) ● Tenoretic (Atenool) ● Timolide (Timolol) ● Ziac (Bisoprolol) <p>Eye Drops:</p> <ul style="list-style-type: none"> ● Betaxolol (Betoptic) ● Carteolol (Octupress) ● Levobunolol (Betagan) ● Metipranolol (OptiPranolol) ● Timolol (Betimol, Timoptic)
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Pavan Nataraj, MD

I have read and understood that beta-blockers may increase the risk of his stomach reaction to allergy immunotherapy, which may be more resistant to treatment. My physician, who prescribed my current beta blocker, and I have discussed this, and there are no acceptable alternatives to it. I have had sufficient opportunity to discuss this with my allergist, and I've had my questions answered to my satisfaction. I understand the risks and wish to continue with immunotherapy.

Printed Name of Patient

Date of Birth

Responsible Party/Guarantor Printed Name

Relationship to Patient

Patient/Responsible Party/Guarantor Signature

Date

Healthcare Provider's Signature

Date